

***Gaudete et Exsultate - Rejoice and Be Glad: Joy and Holiness in the Everyday***  
**By Michel MacDonald**

References:

Pope Francis. Apostolic Exhortation *Gaudete et Exsultate (Rejoice and be Glad)*, nn. 1, 2, 9, 14, 32, 122, 164.

\_\_\_\_\_. Apostolic Exhortation *Amoris Laetitia (The Joy of Love)*, nn. 127, 129,

\_\_\_\_\_. Apostolic Exhortation *Evangelii Gaudium (The Joy of the Gospel)*, nn. 1, 3, 179,

Pope Benedict XVI. Encyclical Letter *Deus Caritas Est (God is love)*, n. 3, n. 9.

Catechism of the Catholic Church, n. 2094

St. Thomas Aquinas. *Summa Theologiae* (= ST) IIa-IIae, q. 35, a. 2 obj. 2.

ST IIa-IIae, q. 35, a. 2, corpus.

ST Ia-IIae, q. 31, a. 3 (Does pleasure or delight (delectatio) differ from joy?)

ST Ia-IIae, q. 70, a.1, (Whether the fruits of the Holy Spirit which the Apostle enumerates [Gal 5] are acts?)

ST Ia-IIae, q. 70, a. 3, corpus.

ST IIa-IIae, q. 28, a. 1, co.) Therefore spiritual joy, which is about God, is caused by charity

English translation of the *Summa* available at: <http://www.newadvent.org/summa/index.html>

Scriptural references (all NRSVCE except Ps 29)

Ps 16:11

Rom 14:17

Matthew 25:23

John 15:11

John 16:24

1 Thes 5:16-18

John 17:13

Ps 29:2 (KJV)

*Strong's Concordance*, n. 1927

Cardinal Joseph Ratzinger. "The Feeling of Things, the Contemplation of Beauty," Message to the Communion and Liberation (CL) Meeting at Rimini, 24-30 August 2002.

Available at:

[http://www.vatican.va/roman\\_curia/congregations/cfaith/documents/rc\\_con\\_cfaith\\_doc\\_20020824\\_rattinger-cl-rimini\\_en.html](http://www.vatican.va/roman_curia/congregations/cfaith/documents/rc_con_cfaith_doc_20020824_rattinger-cl-rimini_en.html)

Adrian J. Walker. "'Rejoice Always.' How Everyday Joy Responds to the Problem of Evil," *Communio: International Catholic Review* 31 (Summer 2004): 200-235, at 202.

Available at:

<https://www.communio-icr.com/files/walker31-2.pdf>

Léon Bloy: "There is only one sorrow . . . that is not to be saints. . . ." (My translation taken from *La Femme Pauvre* (Épisode Contemporain, Paris: Société du Mercure de France, 1897), p. 393, "Il n'y a qu'une tristesse, lui a-t-elle dit, la dernière fois, c'est de N'ÊTRE PAS DES SAINTS. . . .")