

Suggested Events and Activities

A. At Home

- Print out the prayer cards downloadable from the Week's website page [\[Click Here\]](#).
- Take some time as a family either after supper or before going to bed to share what God has done in your life. Give thanks to God for the blessings that you have received.
- During the week before the next Sunday, take time as a family to read the Mass readings and share your thoughts on them.
- A fun activity for kids 10 and older, bake some Bible cookies in a jar ([see attached sheet](#)).
- Participate in the National March for Life in Ottawa (May 13, 2021) or another similar provincial or local event.

Digital Resources:

- At the 2018 World Meeting of Families in Dublin, Pope Francis quoted the Irish-American, Fr. Patrick Peyton's famous saying: "The family that prays together, stays together." The Pope has also reminded parents to teach their children the faith beginning with simple things like making the sign of the Cross and praying,--the Our Father, and the Hail Mary. What better way to do so than by teaching children how to pray the rosary? A scriptural rosary from the Knights of Columbus is available on line here: <https://www.kofc.org/en/resources/cis/cis319.pdf>. If you have small children, you may wish to pray with them only one or two decades of the rosary.
- <https://formed.org/>. An excellent online source of Catholic movies, programs, studies, and books.
- <https://www.vativision.com/>. The new Vatican streaming service which aims to be a 'Catholic Netflix.'
- <https://catholicapps.com/>. This Canadian website brings together many different Catholic Apps and lists them according to the following categories: Bible, Devotions, Entertainment, Prayer, Sacraments. There are Apps available for everyone: from children to teens, to those who are new to the faith and to those that want to deepen their faith and prayer life.
- <https://catchat.ca/>. Cat.Chat offers many excellent resources for kids. Produced by a Canadian Catholic family for Catholic families, it has been endorsed by several Canadian bishops

- <http://video.ewtn.com/kids/>. Faith Factory site (EWTN Kids) is an online resource to help parents teach their children the Catholic faith. The site includes many entertaining videos that are accessible for kids.

B. In the Parish:

- Organize a family movie night. If you have a youth group, have them make popcorn and lemonade.
- In recognition of the National Week for Life and the Family, give a special blessing at the end of Mass for couples who are celebrating a significant marriage anniversary (5, 10, 15, 20 ... 50 years etc.).
- Invite your Knights of Columbus Council or parish youth group to organize a free breakfast for the mothers and families of the parish in recognition of Mother's Day (May 9).
- Organize a group of parishioners to participate as a parish in the National March for Life in Ottawa (May 13, 2021) or another similar provincial or local event.